

NEWS UPDATE



David Olivant receiving The Bonington Trophy from NOC Chair Richard Willis

British Orienteering has awarded The Bonington Trophy to David Olivant for services to mapping.

David has played a pivotal role on the mapping front since the 1980's, not just for NOC, but in support of others in the wider orienteering community too.

Indeed, it's worth repeating the quote on the <u>British Orienteering</u> <u>website</u> which says that David is "...one of the unsung heros of orienteering without whom the sport would not exist."

The Bonington Trophy consists of a piece of rock collected from the summit of Mount Everest during Chris Bonington's expedition in 1985. It is awarded annually by British Orienteering for the best contribution to mapping.

David has written a few words of his own which provide a useful insight into his experience. You can read them in the <u>News section</u> of the <u>NOC website</u>.

Also in this issue:

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Results and upcoming events

Ben Squire selected for GB Teams this Summer

Ben Squire has been selected to represent Great Britain in the 2023 Junior World Championships (JWOC) being held in Romania in July. He will run in all events: a sprint, mixed sprint relay, middle, long and forest relay.

Ben has also been selected for the M20 GB Team at the Junior European Cup (JEC) that will be held in Belgium in August. Events here will include a forest middle, long and relay.

Congratulations to Ben on his selection for the teams, it's a significant achievement. We wish him (and all the GB team) well at these international events.



Recent Results:

JK Festival - Lake District - 7 - 10 April

The JK attracts large numbers of participants from both the UK and Europe and is a highlight in the Orienteering calendar.

Notable NOC member performances from:

Sprint Event:

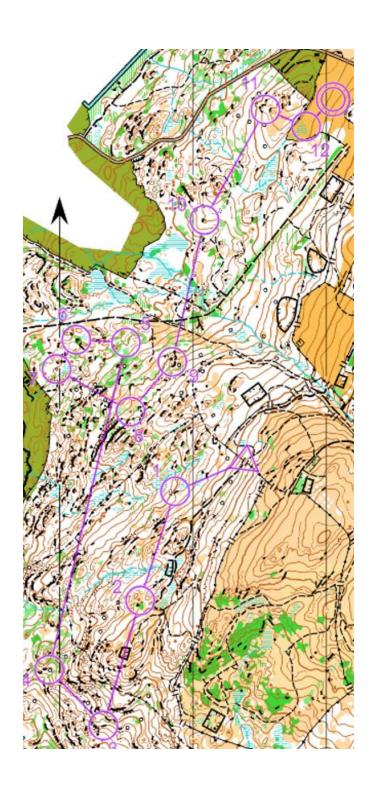
- ☐ Hilary Palmer 2nd (W75)
- Ben Squire 3rd (M20 Elite)
- Ant Squire 5th (M45)

Middle & Long Distance overall results:

- ☐ Hilary Palmer 3rd out of 27 (W75)
- \Box Ant Squire 5th out of 70 (M45)
- ☐ Mick Lucking 12th out of 94 (M65)
- ☐ Kevin Lomas 19th out of 94 (M65)

Well done to all members who attempted these very physical areas (steep slopes and rocky underfoot).

To get a feel for the courses and terrain, look at the map alongside for the W75 Long Distance course on Day 3!



Brierley Forest Park hosted by NOC - 16 April

Some 30 club members took part in this local event supported by many others who helped to put the event on.

Total participants on the day were 59 with notable NOC member performances from:

Evan Llewellyn – 3rd (Yellow)
Grace Robinson – 1st (Orange)
Richard Llewellyn – 1st (Short Green)
Jane Booker – 3rd (Short Green)
Richard Robinson – 1st (Green)
Michael Napier – 3rd (Green)

Plus top ten finishes for: Lily Robinson, Alan Barclay-Devine, Emma Rosewell, Lizzie Rosewell, Robert Orgill, Louise Orgill, Hilary Hodkinson, Jan Ellis, Mick Lucking, Kevin Lomas, Roy Mitton.

It's worth noting that this date was originally intended to be a regional event at Byron's Walk. However this had to be cancelled at the last minute due to unforseen forestry work. So an extra special thanks to Hilary and John Palmer for organising and planning the event at such short notice, David Olivant for map updates, and of course Dave Cooke for using his prowess to secure access and permissions in very little time.

A big thanks to all the others who volunteered on the day too. Numbers were tight but the event went well thanks to your help and support.

Buxton Urban (EMUL) hosted by DVO - 23 April

Eleven NOC members participated in this event with notable performances from:

Paul Morris – 1 st MUV (Course 4)
Helen Parkinson – 1st WSV (and 3rd overall on Course 4)

Top ten finishes for Andrew Ridgway, Hilary Palmer and Pat Squire.

Next MapActive Course Dates Announced:

Hilary & Ant have published dates for the next version of the MapActive programme which will commence on the 10th June in Bridgford Park.

The format is similar to last autumn.

There will be two Saturdays of face-to-face coaching supported by midweek online calls to reinforce learning. Participants will then try a short orienteering course at the local event at Gedling Country Park on 24th June.



This will be followed by a further two weeks of face-to-face and online sessions. The course concludes on the 15th July at Burntstump Country Park where we aim for participants to be confident at basic map reading and able to complete an Orange standard orienteering course.

Previous successful MapActive participants came from local running clubs as well as regular hillwalkers. Members are encouraged to mention the course to interested friends and family, especially if they like trail or fell running. Registrations are open now. For more information, download the Course Brochure from the NOC website.

Safeguarding Update:

The new Safeguarding policy pages are now live on the website. All members are encouraged to review these so they can act accordingly if they are ever faced with a safeguarding situation.

Remember, safeguarding relates to vulnerable adults as well as children and situations can present themselves at any time.

The content on the NOC and British Orienteering web pages will help to give you some confidence in knowing how to react if a situation emerges. Click this link to view the NOC Safeguarding content.

Workshop for new NOC event organisers:

If we are to continue to put on events regularly, the Club needs to increase the pool of event officials.

Many of our existing officials have been volunteering for years and aren't getting any younger! So, we are looking to create a programme where we can introduce existing members to the process of putting on events and then mentor them over time as confidence builds.

We are starting with event organisers for our smaller local events. Hilary Palmer, Pauline Olivant and Robert Parkinson are developing an approach that aims to simplify the steps required for organising an event.

They plan to hold a Zoom workshop to explain what's involved and illustrate the resources available to help. They will then guide and mentor anyone interested until that person feels confident enough to organise an event on their own.

The Club already has a great group of team leaders who arrange the on-the-day volunteers, and the web site is geared up to make pre-event information easy. The organiser just pulls it all together and takes some equipment on the day. It's pretty straightforward.

COULD YOU HELP?

You don't need to be an elite orienteer to help with our organising team! Any member who likes managing things will be able to do this.

If you are interested or would like more information, please send an email to: development@noc-uk.org. It will really help to ease the load on existing volunteers and enable the club to move forward.

Upcoming events:

The events calendar is now in full swing with plenty of opportunities to test your skills! To find an event near you, take a look at the 'Event Finder' section on the British Orienteering website.

For friendly mid-week orienteering, consider the activities being staged by the <u>Bassetlaw District</u> <u>Orienteers</u>. You can usually choose between a score course or a line course to do in your own time, and there are refreshments and chat afterwards – all for just £2! Great value.

The next local NOC event will be at <u>Bevercotes Pit Wood</u> on the 13th May.